

1986 Region 3A Boys Championship -

Teams- Redwood Falls-Morton 65.5, Appleton-Milan 55, Benson/K/M/S 45, Granite Falls 42, Lac qui Parle 38, Bird Island-Lake Lillian-O 35, Montevideo-Maynard 34, Wabasso 34, Hendricks-Ivanhoe 34, Tracy 33.5, Prinsburg Central Christian 23, Sleepy Eye 21, ...

110 Meter High Hurdles

- 1 Dan Koll, BI-LL-O 15.0
- 2 Barry Beck, Ap-Mi 15.1
- 3 Scott Briffett, H-I 15.8
- 4 Jeff Rick, Waba 15.9
- 5 Tony Diggens, M-M 15.9
- 6 Craig Hawley, B-K-M-S 16.3

100 Meter Dash

- 1 Shannon Kling, Granite Falls 11.3
- 2 Doug Niesses, Tracy 11.3
- 3 Roger Schumacher, Sleepy Eye 11.5
- 4 Clint Egenes, Sanborn-L 11.6
- 5 Rich Stanek, Tracy 11.6
- 6 Dave Lang, Danube 11.6

Sprint Medley Relay

- 1 Redwood F-M 3:44.6 (E. Hanson, S. Junker, J. Heffelfinger, E. Flinn)
- 2 Hendricks-Ivanhoe 3:46.5
- 3 Lac qui Parle 3:49.6
- 4 Benson-KMS 3:54.1
- 5 Bird Island-LL-O 3:57.9
- 6 Pr. Central Christian 3:58.3

1600 Meter Run

- 1 Scott Dirck, LQP 4:39.0
- 2 Bill Parker, BI-LL-O 4:44.9
- 3 Tom Olson, H-I 4:48.0
- 4 Corey Binnebose, M-M 4:55.1
- 5 Tony Hilleran, B-KMS 4:55.7
- 6 Jim Millinkowick, Sleepy E 5:02.6

4x100 Meter Relay

- 1 Granite Falls 44.8 (S. Kling, T. Kling, B. Lundin, R. Meyer)
- 2 Tracy 45.1
- 3 Appleton-M 45.2
- 4 Lac qui Parle 45.9
- 5 Wabasso 46.0
- 6 Echo-WL 46.8

400 Meter Dash

- 1 Erik Flinn, RF-M 51.2
- 2 Darin Zielsdorf, B-KMS 51.8
- 3 Steve Junker, RF-M 52.0
- 4 Jason Heffelfinger, RF-M 52.4
- 5 Trevor Parris, Russell-Tyler 52.6
- 6 Jim Radtke, A-M 54.1

300 Meter Intermediate Hurdles

- 1 Eric Hanson, RF-M 40.3
- 2 Barry Beck, Ap-Mi 41.0
- 3 Dan Koll, BI-LL-O 41.7
- 4 Mike Novak, M-M 42.3
- 5 Jay Krog, Lake Benton 42.6
- 6 Bill Swenson, RF-M 42.9

800 Meter Run

- 1 Bart Mueller, H-I 2:02.0
- 2 Greg Mathiowetz, Sleepy E 2:05.2
- 3 Lee Harlicky, M-M 2:08.9
- 4 Mark Rahlick, RF-M 2:10.4
- 5 Terry Haugen, LQP 2:12.6
- 6 Ross Belsgray, M-M 2:13.3

200 Meter Dash

- 1 Doug Niesses, Tracy 23.5
- 2 Ed Heglund, A-M 23.6
- 3 Dave Lang, Danu 23.6
- 4 John Schaeffer, Tyler-R 23.6
- 5 Todd Egenes, S-L 23.8
- 6 Darin Zielsdorf, B-KMS 24.0

3200 Meter Run

- 1 Scott Dirck, LQP 10:27.0
- 2 Bill Parker, BI-LL-O 10:31.1
- 3 Corey Binnebose, M-M 10:34.5
- 4 Todd Paulson, Canby 10:34.8
- 5 Leigh Roelofs, Pr Central Christian 10:50.0
- 6 Shawn Brandt, RF-M 10:51.8

4x400 Relay

- 1 Redwood F-M 3:31.5 (E. Flinn, J. Heffelfinger, E. Hanson, S. Junker)
- 2 Benson-KMS
- 3 Montevideo-M
- 4 LQP
- 5 Granite F
- 6 Sanborn-L

** New Meet Record

Shot Put

- 1 Jack Sagedahl, Wabasso 50-9.5
- 2 Rick Meyer, Granite F 47-9
- 3 Jim Miller, Milroy 46-4
- 4 Brad Vick, H-I 44-1.5
- 5 Bob Lundin, GF 43-9.75
- 6 Brad O'Malley, M-M 43-9.25

Discus

- 1 Rick Meyer, Granite F 151-7.5
- 2 Jack Sagedahl, Wabasso 151-2
- 3 Mike Rhode, Clara City-R 136-0.5
- 4 Brian DeBates, Lake Benton 134-6
- 5 Chris Skonard, M-M 126-3
- 6 Kirby Long, B-KMS 125-5

Long Jump

- 1 Kyle Duinck, PCC 22-3
- 2 Ed Heglund, A-M 22-1.5
- 3 Rick Guetter, Wabasso 22-0
- 4 Roger Schumacher, Sleepy E 21-5.5
- 5 Rob Nelson, M-M 20-6.5
- 6 Dan Koll, BI-LL-O 20-6

Triple Jump

- 1 Kyle Duinck, PCC 47-6 **
- 2 Ed Heglund, A-M 45-6
- 3 Erik Hanson, 43-10.25
- 4 Don Donais, Ortonville 42-7.25
- 5 Roger Schumacher, Sleepy E 42-1.25
- 6 Al Wager, LQP 41-8

Pole Vault

- 1 Bob Jerdee, B-KMS 12-9
- 2 Scott Arndt, Ortonville 12-9
- 3 Eric Marr, Russell-T 12-0
- 4 Keith Guetter, Wabasso 12-0
- 5 Doug Hitchcock, RF-M 11-6
- 6 Matt Johnson, LQP 11-0

High Jump

- 1 Kyle Baukol, B-KMS 6-4
- 2 Barry Beck, A-M 6-2
- 3 Paul Schmidt, Clara C-R 6-0
- 4 Tim Warren, Echo-WL 6-0
- t5 Doug Hitchcock, RF-M 6-0
- t5 Mike Przynski, Tracy 6-0

Notes: It was very difficult to make out names & teams on score sheet. There are probably many typos.